9.1% or 51,950 adults had a Substance Use Disorder (SUD) in the past year.

16.1% or 91,912 adults have Any Mental Illness (AMI) in the past year.

30.0% or 171,264 adults engaged in binge drinking in the past month.

7.3% or 41,674 adults used illicit drugs in the past month.

4.0% or 22,835 adults have Serious Mental Illness (SMI) in the past year.

18,839 adults have both co-occurring behavioral health disorder (SUD & AMI).

FACT: By 2020 mental & substance use disorders will surpass all physical diseases as a major cause of disability worldwide.

1. Any Mental Illness (AMI) is defined as individuals having any mental, behavior, or emotional disorder in the past year that met DSM-IV criteria (excluding developmental and substance use disorders).

2. Serious Mental Illness (SMI) is defined as adults with any mental, behavior, or emotional disorder that substantially interfered with or limited one or more major life activities.

3. Substance Use Disorder (SUD): Individuals with alcohol or illicit drug dependence or abuse are defined as having SUD. The questions used to measure dependence and abuse are based on criteria in the fourth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).


Created by the North Dakota State Epidemiological Outcomes Workgroup (SEOW) www.prevention.nd.gov/data