

# SUBSTANCE USE & MENTAL ILLNESS

*in North Dakota Adults* (18+)

2013-2014 National Survey on Drug Use and Health (NSDUH)

SUBSTANCE USE | MENTAL ILLNESS

**9.1%**  
OR  
**51,950**  
adults had a Substance Use Disorder (SUD) in the past year



**16.1%**  
OR  
**91,912**  
adults have Any Mental Illness (AMI) in the past year

In the past month,  
**30.0%**  
OR  
**171,264**  
adults engaged in binge drinking



**4.0%**  
OR  
**22,835**  
adults have Serious Mental Illness (SMI) in the past year

In the past month,  
**7.3%**  
OR  
**41,674**  
adults used illicit drugs



## BEHAVIORAL HEALTH IS

a state of mental/emotional being and/or choices and actions that affect wellness.

## ► FACT

By 2020 mental & substance use disorders will surpass all physical diseases as a major cause of disability worldwide.

**18,839**  
adults have both co-occurring behavioral health disorder (SUD & AMI)

3. Substance Use Disorder (SUD): Individuals with alcohol or illicit drug dependence or abuse are defined as having SUD. The questions used to measure dependence and abuse are based on criteria in the fourth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).

4. Population estimates from 2014 Census estimates.

1. Any Mental Illness (AMI) is defined as individuals having any mental, behavior, or emotional disorder in the past year that met DSM-IV criteria (excluding developmental and substance use disorders).

2. Serious Mental Illness (SMI) is defined as adults with any mental, behavior, or emotional disorder that substantially interfered with or limited one or more major life activities.