



# NON-MEDICAL USE OF **PRESCRIPTION DRUGS** in north dakota

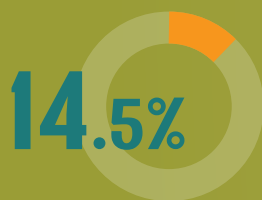
## THE PROBLEM

2013 **20 DEATHS**

2014 **43 DEATHS**

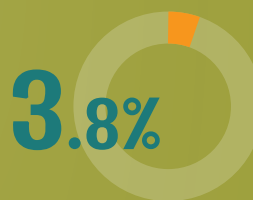
Overdose deaths in ND increased from 20 deaths in 2013 to 43 deaths in 2014.

CDC/NCHS, National Vital Statistics System, Mortality



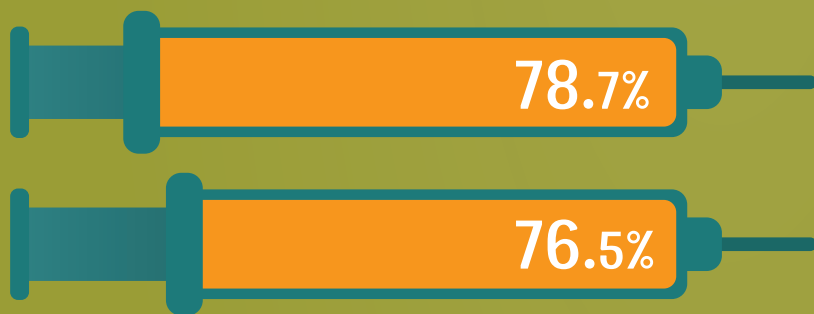
of ND high school students used prescription drugs without a prescription one or more times during their lifetime.

YRBS, 2015



of North Dakotans aged 18 or older used nonmedical pain relievers at least once during the past year.

NSDUH, 2013-2014



Of those ND adults who provided an answer, 78.7% felt that adult prescription drug use was a problem and 76.5% perceive youth prescription drug use as a problem.

CRS, 2015



**90.6%**

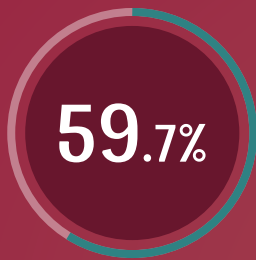
The majority (90.6%) of ND adults agree that preventing alcohol and other drug use among youth is important.

CRS, 2015

**Be an advocate for prevention.**

[www.prevention.nd.gov](http://www.prevention.nd.gov)

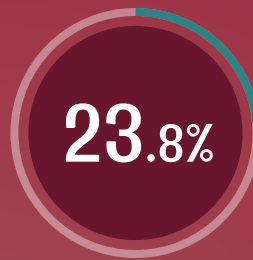
# HOW DID THIS BECOME A PROBLEM?



## Widely Available

The number of prescriptions dispensed in 2015 (1,493,847) is a 59.7% increase from the number dispensed in 2008 (935,201).

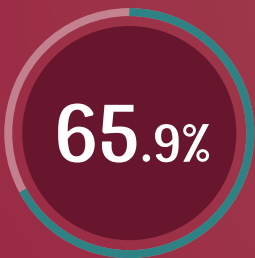
ND Prescription Drug Monitoring Program



## Accessibility

23.8% of ND adults perceive it is not at all difficult for adults or youth to access prescription drugs in their community.

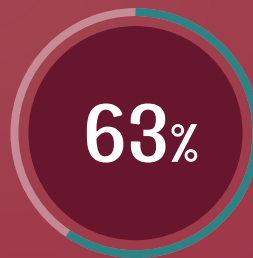
CRS, 2015



## Accessibility

65.9% of people who abuse prescription pain relievers obtain them from a friend or relative.

NSDUH National Findings, 2014



## Early Age of First Use

Of the 4.9% of ND college students who have used prescription drugs non-medically in the past year, 63% state they did so for the first time before turning 18.

NDCORE, 2014

## CHANGE COMES FROM...



### LOCK

Keep medication out of sight and in a safe and secure place.



### MONITOR

Keep track of medication and take only as directed. Don't share your medication with others.



### TAKE BACK

Drop off unused medication at local Take Back locations.

To find a location near you, visit <http://www.ag.nd.gov/PDrugs/TakeBackProgram.htm>.