The majority (90.6%) of ND adults agree that preventing alcohol and other drug use among youth is important.

Overdose deaths in ND increased from 20 deaths in 2013 to 43 deaths in 2014.

Be an advocate for prevention.

www.prevention.nd.gov
HOW DID THIS BECOME A PROBLEM?

Wide Available
The number of prescriptions dispensed in 2015 (1,493,847) is a 59.7% increase from the number dispensed in 2008 (935,201).

ND Prescription Drug Monitoring Program

Accessibility
23.8% of ND adults perceive it is not at all difficult for adults or youth to access prescription drugs in their community.

CRS, 2015

Accessibility
65.9% of people who abuse prescription pain relievers obtain them from a friend or relative.

NSDUH National Findings, 2014

Early Age of First Use
Of the 4.9% of ND college students who have used prescription drugs non-medically in the past year, 63% state they did so for the first time before turning 18.

ND CORE, 2014

CHANGE COMES FROM...

LOCK
Keep medication out of sight and in a safe and secure place.

MONITOR
Keep track of medication and take only as directed. Don’t share your medication with others.

TAKE BACK
Drop off unused medication at local Take Back locations. To find a location near you, visit http://www.ag.nd.gov/PDrugs/TakeBackProgram.htm.

Created by the North Dakota State Epidemiological Outcomes Workgroup (SEOW) www.prevention.nd.gov/data

CRS: Community Readiness Survey; NSDUH: National Survey on Drug Use and Health; YRBS: Youth Risk Behavior Survey