UNDERAGE DRINKING in North Dakota

THE PROBLEM

62.1% of ND high school students had at least one drink of alcohol on at least one day during their life. YRBS, 2015

30.8% of ND high school students report current alcohol use (within the past 30 days). YRBS, 2015

17.6% of ND high school students report binge drinking* in the last 30 days. *Consuming five or more drinks of alcohol in a row YRBS, 2015

91.9% of ND adults who provided an answer perceive youth alcohol use in their community as a problem. CRS, 2015

The majority (90.6%) of ND adults agree that preventing alcohol and other drug use among youth is important. CRS, 2015

Be an advocate for prevention. www.prevention.nd.gov
**Low Perceived Risk**

35% of North Dakotans ages 12-17 perceive great risk from drinking five or more alcoholic drinks once or twice a week.

*NSDUH, 2013-2014*

**Early Age of First Use**

12.4% of ND high school students report having their first alcoholic drink before age 13.

*YRBS, 2015*

**Accessibility**

41.3% of ND high school students who report current alcohol use, usually obtain the alcohol from someone who gave it to them.

*YRBS, 2015*

**Cultural Norms**

20.2% of ND adults perceive drinking among teenagers as acceptable in their community.

*CRS, 2015*

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**How Did This Become a Problem?**

*Increased awareness of the risks associated with underage alcohol consumption.*

*Enforcement of underage age drinking laws.*

*Strengthened policies to reduce underage access to alcohol.*

*Shifting social norms to be supportive of healthy decisions, and not supportive of excessive alcohol consumption.*

*Parents having ongoing conversations with their kids, role-modeling healthy behaviors and providing ongoing support and engagement.*

*Created by the North Dakota State Epidemiological Outcomes Workgroup (SEOW) www.prevention.nd.gov/data*

*CRS: Community Readiness Survey; NSDUH: National Survey on Drug Use and Health; YRBS: Youth Risk Behavior Survey*