

# 3

## STEPS TO HELP PREVENT Prescription Drug Abuse

Be responsible with your medication.



### LOCK

Keep medication out of sight and in a safe and secure place.



### MONITOR

Keep track of medication and take only as directed.



### TAKE BACK

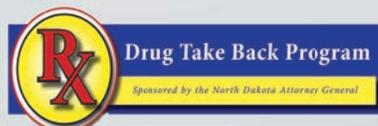
Drop off unused medication at local Take Back locations.

To find the location near you go to [www.ag.nd.gov/PDrugs/TakeBackProgram.htm](http://www.ag.nd.gov/PDrugs/TakeBackProgram.htm).



68% of people who abuse prescription pain relievers obtain them from a friend or relative.

*NSDUH National Findings, 2013*



[prevention.nd.gov/rxabuse](http://prevention.nd.gov/rxabuse)

# MEDICATION DISPOSAL

Deposit unused meds in the Take Back container located at these participating locations:

**Barnes County Sheriff's Office**  
575 10th St SW #4, Valley City

**Valley City Police Department**  
216 2nd Ave NE, Valley City

**Tara's Thrifty White**  
610 Main Ave, Oakes

**Foster County Sheriff's Office**  
1000 5th St N, Carrington

**Central Pharmacy**  
990 Main St, Carrington

**Carrington Drug**  
415 Main St, Carrington

**Griggs County Sheriff's Office**  
808 Rollin Ave SW, Cooperstown

**LaMoure County Sheriff's Office**  
202 4th Ave NE, LaMoure

**LaMoure Drug Store**  
100 1st Ave, LaMoure

**Stutsman County Sheriff's  
Office/Jamestown Police  
Department**  
205 6th St SE #101, Jamestown

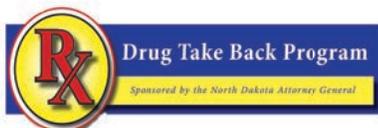
**Thrifty White #1**  
320 10th St SE, Jamestown

**Medicine Shoppe**  
13 N Main St, Hillsboro

**Wells County Sheriff's Office**  
700 Railway St N, Fessenden

**Harvey Police Department**  
120 8th St W, Harvey

*List updated as of January 2016*



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PROTECT  
YOURSELF  
AND THOSE  
AROUND YOU.

**SAFEGUARD  
YOUR MEDS**