

3

STEPS TO HELP PREVENT Prescription Drug Abuse

Be responsible with your medication.



LOCK

Keep medication out of sight and in a safe and secure place.



MONITOR

Keep track of medication and take only as directed.



TAKE BACK

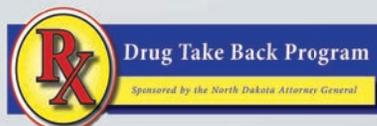
Drop off unused medication at local Take Back locations.

To find the location near you go to www.ag.nd.gov/PDrugs/TakeBackProgram.htm.



68% of people who abuse prescription pain relievers obtain them from a friend or relative.

NSDUH National Findings, 2013



prevention.nd.gov/rxabuse

MEDICATION DISPOSAL

Deposit unused meds in the Take Back container located at these participating locations:

Grand Forks Sheriff's Office

122 S 5th St., Grand Forks

Thrifty White Drug #81

1395 S Columbia Rd. #C, Grand Forks

Altru Retail Pharmacy

1208 S Columbia Rd., Grand Forks

Lakota Drug

117 Main St. N, Lakota

Pembina County Sheriff's Office

308 Courthouse Dr. #2, Cavalier

Drayton Drug

104 E Hwy. 66, Drayton

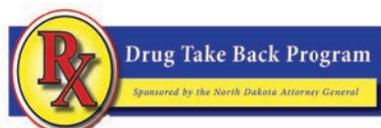
Walsh County Sheriff's Office/Grafton Police Department

638 Cooper Ave., Grafton

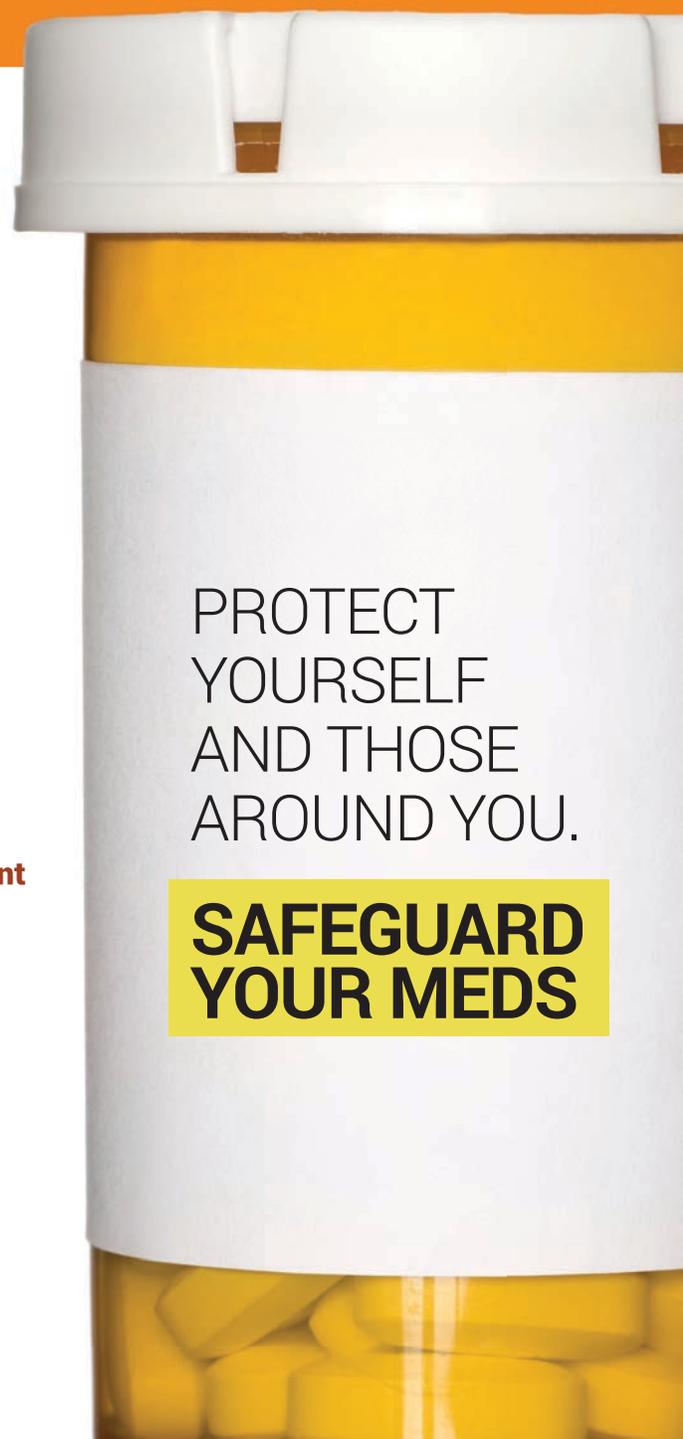
Ye Olde Medicine Center

503 Park St. W, Park River

List updated as of January 2016



prevention.nd.gov/rxabuse



PROTECT
YOURSELF
AND THOSE
AROUND YOU.

**SAFEGUARD
YOUR MEDS**