

# STOP OVERDOSE

## NALOXONE

can temporarily reverse the effects of opioid overdose. In an overdose state, it can be a lifesaver.

### WHAT IS NALOXONE?

Naloxone is a prescription medication that temporarily reverses an opioid overdose. Sold under the brandname Narcan® or Evzio®, the medication can be given by intranasal spray or auto-injector.

### IS NALOXONE SAFE?

Naloxone has no potential for abuse or addiction. It is safe, effective and approved by the FDA. However, this lifesaving effect is temporary. Overdose always requires immediate medical attention.

### HOW DOES IT WORK?

Naloxone is an antidote to overdose of heroin or other opioid drugs, working within a few minutes of administration. It works by blocking the effects of opioids in a person's system, helping to restore breathing. Naloxone has no effect on a person that has not used heroin or other opioids and does not work with other drugs.

**20**  
DEATHS  
IN 2013

**61**  
DEATHS  
IN 2015

**Overdose deaths in North Dakota increased from 20 deaths in 2013 to 61 deaths in 2015.**

CDC/NCHS, National Vital Statistics System, Mortality



For more information, visit  
[prevention.nd.gov/stopoverdose](http://prevention.nd.gov/stopoverdose)

Created in partnership with the Reducing Pharmaceutical  
Narcotics in our Communities Task Force

NORTH DAKOTA  
**PREVENTION**  
RESOURCE & MEDIA CENTER

# RECOGNIZE THE SIGNS OF OPIOID OVERDOSE

An opioid overdose requires immediate medical attention.



**Face** is clammy to touch and has lost color. Vomiting or gurgling noises.



**Body** is limp. Fingernails or lips have a blue or purple tinge.



**Sleep** is deep and cannot be awakened. Difficulty speaking.



**Breathing** is slow or has stopped.



**Heartbeat** is slow or has stopped.

## IF YOU WITNESS AN OVERDOSE

1

Call 911 and administer naloxone.

2

Do rescue breathing or chest compressions. Follow 911 dispatcher directions.

3

Remain onsite until assistance arrives and cooperate with first responders.

**The ND Good Samaritan Law protects you so you can protect your friend.**