

# STOP OVERDOSE



Overdose deaths in North Dakota increased from 20 deaths in 2013 to 61 deaths in 2015.

CDC/NCHS, National Vital Statistics System, Mortality

## NALOXONE can be a LIFESAVER

Naloxone is a prescription medication that temporarily reverses an opioid overdose. Sold under the brandname Narcan® or Evzio®, the medication can be given by intranasal spray or auto-injector.

**R** If you or someone close to you is at risk for an opioid overdose, ask your healthcare provider or local pharmacist for a naloxone prescription.

### SIGNS OF OPIOID OVERDOSE

- Face is clammy to touch and has lost color
- Body is limp
- Fingernails or lips have a blue or purple tinge
- Vomiting or making gurgling noises
- Cannot be awakened from sleep or unable to speak
- Breathing is slow or has stopped
- Heartbeat is slow or has stopped

### IF YOU WITNESS AN OVERDOSE

1. Call 911 and administer naloxone.
2. Do rescue breathing or chest compressions. Follow 911 dispatcher directions.
3. Remain onsite until assistance arrives and cooperate with first responders. The ND Good Samaritan Law protects you so you can protect your friend.

Source: Substance Abuse and Mental Health Services Administration. SAMHSA Opioid Overdose Prevention Toolkit. HHS Publication No. (SMA) 16-4742. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2016.



For more information, visit [prevention.nd.gov/stopoverdose](http://prevention.nd.gov/stopoverdose)

Created in partnership with the Reducing Pharmaceutical Narcotics in our Communities Task Force

