

signs and Symptoms

INHALANTS

Inhalants can include: household cleaners, spray cans, glue, permanent markers, air duster, aerosols, and air fresheners

Street Names: Huffing, Whippets, Laughing gas, Snappers, Poppers, Dusting, Moon gas

Method of Use: Inhaling a substance through nose or mouth (*sometimes using a substance soaked rag, breathing fumes out of a bag or balloon containing the preferred substance, or inhaling directly from the can*)

Symptoms/Effects of Use

- ▶ Rapid high
- ▶ Loss of sensation
- ▶ Drowsiness
- ▶ Lightheadedness
- ▶ Agitation
- ▶ Slurred speech
- ▶ General muscle weakness
- ▶ Poor reflexes
- ▶ Confusion
- ▶ Delirium
- ▶ Irregular and rapid heart rhythm
- ▶ Damage to brain and other organs due to lack of oxygen
- ▶ Unconsciousness
- ▶ Suffocation
- ▶ Fatal heart failure (*"sudden sniffing death"*)

What to Look For

- ▶ Drunk, dazed, disoriented appearance
- ▶ Slurred speech
- ▶ Nausea or loss of appetite
- ▶ Inattentiveness
- ▶ Lack of coordination
- ▶ Irritability
- ▶ Paint/other stains on hands, face, or clothes
- ▶ Chemical odors on breath/clothing
- ▶ Chemical soaked rags/clothing
- ▶ Missing household products
- ▶ Hidden or empty paint/solvent containers

Note: Each person may experience different symptoms/effects. This list is not inclusive. For more information, visit www.drugabuse.gov