Prescription Opioid Addiction a Growing Epidemic...

- Opioids work by blocking the feeling of pain without fixing the underlying cause.
- Prescription opioids may be habit forming and lead to addiction even when taken as prescribed.
- Patients taking prescription opioids are also at risk for impaired breathing, unintentional overdose or death.
- Caution when taking prescription opioids with:
  - alcohol
  - benzodiazepines (ex. Xanax®, Valium®)
  - muscle relaxers (ex. Soma®, Flexeril®)
  - hypnotics (ex. Ambien®, Lunesta®)

Keep Yourself and Your Loved Ones Safe

Lock
Keep medication out of sight and in a safe and secure place.

Monitor
Keep track of medication and take only as directed.

Take Back
Drop off unused medication at local Take Back locations. To find a location near you, go to www.takeback.nd.gov.

If You Are Concerned

- Talk to your pharmacist or practitioner about naloxone, a treatment to reverse overdose.
- Follow-up with your practitioner
- Find behavioral health treatment providers at www.findtreatment.samhsa.gov.

Developed in partnership with the ND Board of Pharmacy and ND Pharmacist Association

FIND OUT MORE AT BEHAVIORALHEALTH.ND.GOV/OPIOIDS