

# SIGNS & SYMPTOMS INHALANTS

## Street Names

Huffing, Whippets, Laughing gas, Snappers, Poppers, Dusting, Moon gas

## Method of Use

Inhaling a substance through nose or mouth (sometimes using a substance soaked rag, breathing fumes out of a bag or balloon containing the preferred substance, or inhaling directly from the can)



Inhalants can include: household cleaners, spray cans, glue, permanent markers, air duster, aerosols, and air fresheners



## Symptoms/ Effects of Use

- Rapid high
- Loss of sensation
- Drowsiness
- Lightheadedness
- Agitation
- Slurred speech
- General muscle weakness
- Confusion
- Delirium
- Irregular and rapid heart rhythm
- Damage to brain and other organs due to lack of oxygen
- Unconsciousness
- Suffocation
- Fatal heart failure ("sudden sniffing death")



## What to look for...

- Drunk, dazed, disoriented appearance
- Slurred speech
- Nausea or loss of appetite
- Inattentiveness
- Lack of coordination
- Irritability
- Paint/other stains on hands, face, or clothes
- Chemical odors on breath/clothing
- Chemical soaked rags/clothing
- Missing household products
- Hidden or empty paint/solvent containers

**Note:** Each person may experience different symptoms/effects. This list is not inclusive. For more information, visit [www.drugabuse.gov](http://www.drugabuse.gov)